

WORK AFFIRMATIONS

How to Use Affirmations:

If you want to bring some positive thinking power into your life, start by doing the following:

1. **Breath** - Take three long breaths. Breath in through your nose, out with your mouth.
2. **Read the Affirmation, Slowly** - Make sure your brain understands what you are actually reading, so do it slowly with purpose.
3. **Believe the affirmation** - Consider what you read and believe that it is true.
4. **Commit to the affirmation** - Make a commitment, to yourself and the affirmation if necessary. Yes, the result is possible. Believe it, commit to it, and it WILL HAPPEN!
5. **Meditate on what you read** - After breathing, reading it slowly, believing and committing to the affirmation, meditate for a few minutes on what you read and what it means to you.
6. **Breath Again** - Take a few more minutes and breath again...in through your nose, out with your mouth.

Affirmations:

- All my thoughts and all my actions are geared toward furthering my career.
- Right now, I am working at my dream job.
- I love my career as it gives me complete job satisfaction.
- I love my career as it allows me to grow as well as makes me financially abundant.
- I can balance my career with my family life so that both are in harmony with each other.
- My job offers me great career prospects, promotional opportunities and monetary compensation.
- I am a valued person at my workplace and my voice is always heard respectfully.
- I have a great relationship with my colleagues as well as my boss.
- I am happy that the work I do benefits me as well as the Society I live in
- I always attract the best projects and the best people to execute them because of my positive mental attitude.
- I am ever enthusiastic and my enthusiasm rubs off on my co-workers and this results in a great work day for all of us.
- I am a born entrepreneur. I recognize and seize opportunities as and when they appear.
- I am a master salesman. My customers love and trust me and my order book is overflowing with orders.
- My work ethic ensures that I get regular promotions and monetary incentives.
- Self-discipline is my forte. At the workplace, work is my priority and at home, family is my priority.
- I take full responsibility for my work. 'The buck stops here' is my motto.
- I follow the rule 'Work is Worship'. Diligence in work, honesty in attitude and a positive frame of mind open new horizons for me.
- I take good care of my juniors and guide them appropriately. I am friendly with my colleagues and respectful to my seniors.
- Career to me is a means to an end. That end is happiness and fulfillment of potential and my career is providing it to me in abundance.
- I am doing my best in my career and giving my everything without reservation. The fruits of my labor are always so sweet.
- My main aim is satisfaction of my customers and I strive my best to achieve that aim.

