

## Positivity Quotes

### How to Use Positive Quotes

If you want to bring some positive thinking power into your life, start by doing the following:

1. **Breath** - Take three long breaths. Breath in through your nose, out with your mouth.
2. **Read the Positive Quotes, Slowly** - Make sure your brain understands what you are actually reading, so do it slowly with purpose.
3. **Believe the Quote** - Consider what you read and believe that it is true.
5. **Meditate on what you read** - After breathing, reading it slowly, and believing, meditate for a few minutes on what you read and what it means to you.
6. **Breath Again** - Take a few more minutes and breath again...in through your nose, out with your mouth.

### Be Positive Quotes!

- “Keep your face to the sunshine and you cannot see a shadow.” — Helen Keller
- "Once you replace negative thoughts with positive ones, you'll start having positive results." — Willie Nelson
- “Yesterday is not ours to recover, but tomorrow is ours to win or lose.” – Anonymous
- “In order to carry a positive action we must develop here a positive vision.” — Dalai Lama
- “I always like to look on the optimistic side of life, but I am realistic enough to know that life is a complex matter.” — Walt Disney
- "Positive thinking will let you do everything better than negative thinking will." — Zig Ziglar
- “Pessimism leads to weakness, optimism to power.” — William James
- "You can't make positive choices for the rest of your life without an environment that makes those choices easy, natural, and enjoyable.” — Deepak Chopra
- "The thing that lies at the foundation of positive change, the way I see it, is service to a fellow human being.” — Lee Iacocca
- "Positive thinking is more than just a tagline. It changes the way we behave. And I firmly believe that when I am positive, it not only makes me better, but it also makes those around me better.” — Harvey Mackay
- "In every day, there are 1,440 minutes. That means we have 1,440 daily opportunities to make a positive impact.” — Les Brown



- “I’m a very positive thinker, and I think that is what helps me the most in difficult moments.” — Roger Federer
- "Perpetual optimism is a force multiplier." — Colin Powell
- “Attitude is a little thing that makes a big difference.” — Winston Churchill
- “Let us rise up and be thankful, for if we didn’t learn a lot today, at least we learned a little, and if we didn’t learn a little, at least we didn’t get sick, and if we got sick, at least we didn’t die; so let us all be thankful.” — Buddha
- “There is no royal road to anything. One thing at a time, all things in succession. That which grows fast, withers as rapidly. That which grows slowly, endures.”— Josiah Gilbert Holland
- “Life is 10% what happens to us and 90% how we react to it.”— Dennis P. Kimbro
- “Be not afraid of life. Believe that life is worth living, and your belief will help create the fact.”— William James
- “When I stand before God at the end of my life, I would hope that I would not have a single bit of talent left and could say, I used everything you gave me.”— Erma Bombeck
- “The quickest way to double your money is to fold it over and put it back in your pocket.”— Will Rogers
- “When I hear somebody sigh, ‘Life is hard,’ I am always tempted to ask, ‘Compared to what?’”— Sydney Harris
- “Nurture your mind with great thoughts. To believe in the heroic makes heroes.”— Benjamin Disraeli
- “The real opportunity for success lies within the person and not in the job.”— Zig Ziglar
- “Look at the sparrows; they do not know what they will do in the next moment. Let us literally live from moment to moment.”— Mahatma Gandhi
- “Luck is a dividend of sweat. The more you sweat, the luckier you get.”— Ray Kroc
- “When I let go of what I am, I become what I might be.”— Lao Tzu
- “You may find the worst enemy or best friend in yourself.”— English Proverb
- “Whoever loves much, performs much, and can accomplish much, and what is done in love is done well.”— Vincent Van Gogh
- “Courage is the first of human qualities because it is the quality which guarantees all others.”— Winston Churchill



- “The great thing in this world is not so much where you stand, as in what direction you are moving.”– Oliver Wendell Holmes
- “Live each day as if your life had just begun.”– Johann Wolfgang Von Goethe
- “Every truth passes through three stages before it is recognized. In the first, it is ridiculed. In the second, it is opposed. In the third, it is regarded as self evident.”– Arthur Schopenhauer
- “Either you run the day, or the day runs you.”– Jim Rohn
- “The difference between a successful person and others is not lack of strength not a lack of knowledge but rather a lack of will.”– Vince Lombardi
- “If not us, who? If not now, when?”– John F. Kennedy
- “Don’t worry about failures, worry about the chances you miss when you don’t even try.”– Jack Canfield
- “Though no one can go back and make a brand new start, anyone can start from now and make a brand new ending.”– Carl Bard
- “Life has two rules: #1 Never quit #2 Always remember rule # 1.”– Unknown
- “Some men see things as they are and say why – I dream things that never were and say why not.”– George Bernard Shaw
- “The only way of finding the limits of the possible is by going beyond them into the impossible.”– Arthur C. Clarke
- “Speak less than you know; have more than you show.”– William Shakespeare
- “Do not go where the path may lead, go instead where there is no path and leave a trail.”– Ralph Waldo Emerson
- “Many of life’s failures are experienced by people who did not realize how close they were to success when they gave up.”– Thomas Edison
- “Education costs money. But then so does ignorance.”– Sir Claus Moser
- “The journey of a thousand miles begins with one step.”– Lao Tzu
- “Every noble work is at first impossible.”– Thomas Carlyle
- “Do not let what you cannot do interfere with what you can do.”– John Wooden
- “Defeat is not bitter unless you swallow it.”– Joe Clark
- “Nobody ever wrote down a plan to be broke, fat, lazy, or stupid. Those things are what happen when you don’t have a plan.”– Larry Winget
- “Rule #1 of life. Do what makes YOU happy.”– Unknown



- “The best revenge is massive success.”– Frank Sinatra
- “It is not enough to aim, you must hit.”– Italian Proverb
- “Challenges are what make life interesting and overcoming them is what makes life meaningful.”– Joshua J. Marine
- “Every strike brings me closer to the next home run.”– Babe Ruth
- “An obstacle is often a stepping stone.”– Prescott
- “I am not a product of my circumstances. I am a product of my decisions.”– Stephen Covey
- “Our lives begin to end the day we become silent about things that matter.”– Martin Luther King Jr.
- “Keep away from people who try to belittle your ambitions. Small people always do that, but the really great makes you feel that you, too, can become great.”– Mark Twain
- “Eighty percent of success is showing up.”– Woody Allen
- “I have never in my life learned anything from any man who agreed with me.”– Dudley Field Malone
- “I am thankful for all of those who said NO to me. Its because of them I’m doing it myself.”– Albert Einstein
- “We become what we think about.”– Earl Nightingale
- “The mind is everything. What you think you become.”– Buddha

