

## SUCCESS AFFIRMATIONS

### How to Use Affirmations:

If you want to bring some positive thinking power into your life, start by doing the following:

1. **Breath** - Take three long breaths. Breath in through your nose, out with your mouth.
2. **Read the Affirmation, Slowly** - Make sure your brain understands what you are actually reading, so do it slowly with purpose.
3. **Believe the affirmation** - Consider what you read and believe that it is true.
4. **Commit to the affirmation** - Make a commitment, to yourself and the affirmation if necessary. Yes, the result is possible. Believe it, commit to it, and it WILL HAPPEN!
5. **Meditate on what you read** - After breathing, reading it slowly, believing and committing to the affirmation, meditate for a few minutes on what you read and what it means to you.
6. **Breath Again** - Take a few more minutes and breath again...in through your nose, out with your mouth.

### Affirmations:

1. I have the power to create all the success and prosperity I desire.
2. I let go of old, negative beliefs that have stood in the way of my success.
3. My mind is free of resistance and open to exciting new possibilities.
4. I am worthy of all the good life has to offer, and I deserve to be successful.
5. I believe in myself and my ability to succeed.
6. I am grateful for all my skills and talents that serve me so well.
7. I am enjoying my work today and optimistic about the coming days.
8. The universe is filled with endless opportunities for me and my career.
9. I am surrounded by positive, supportive people who believe in me.
10. I am always open minded and eager to explore new avenues to success.
11. I recognize opportunity when it knocks and seize the moment.
12. Every day I discover interesting and exciting new paths to pursue.
13. When I need help, I effortlessly attract the perfect resources and solutions.
14. Everywhere I look, I see prosperity.
15. I am well organized and manage my time with expert efficiency.
16. I am committed to achieving success in every area of my life.
17. I love my job, and my work is a fulfilling part of my journey to greater success.
18. My ambitions are in perfect alignment with my personal values.



19. I work with fascinating, inspiring people who all share my enthusiasm.
20. By creating success for myself I am creating success and opportunities for others.
21. As I take on new challenges I feel calm, confident, and powerful.
22. Creating solutions comes naturally to me.
23. I always attract successful people who understand and encourage me.
24. I recognize every new challenge as a new opportunity.
25. I celebrate each goal I accomplish with joy and gratitude.
26. The more successful I become, the more confident I feel.
27. I consistently attract just the right circumstances at just the right time.
28. I am grateful for all the abundance flowing into my life.
29. I trust my intuition and am always guided to make wise decisions.
30. I stay focused on my vision and pursue my daily work with passion.
31. Every day is filled with new ideas that inspire and motivate me.
32. I excel in all that I do, and success comes easily to me.
33. I always expect a positive outcome and I naturally attract good results.
34. I take pride in my ability to make worthwhile contributions to the world.
35. I attract brilliant mentors who graciously share their wisdom and guidance.
36. I step outside my comfort zone with courage and confidence.
37. I am a patient listener and an effective communicator.
38. As I allow more abundance into my life, more doors open for me.
39. I am free of stress and I thrive under pressure.
40. I set high standards for myself and always live up to my expectations.
41. I have an endless supply of new ideas that help me become more and more successful.
42. I have released all limiting beliefs about my ability to succeed.
43. Every day I dress for success in body, mind, and spirit.
44. I think big and dream big without reservation.
45. I love who I am and I naturally attract people who respect me as a unique individual.
46. I am creating a life of abundance and happiness.
47. I am successfully living up to my full potential.
48. I am making the world a better place by being a positive, powerful influence.
49. I am grateful for my financial success.
50. I am living the dream!

